

SEACLIFF PRIMARY SCHOOL CANTEEN MENU TERM 1 2018

DAILY SPECIALS

KEY: G= Green
A= Amber
V= Vegetarian
GF= Gluten Free
DF= Dairy Free
H= Halal

MONDAY

- Hot Dog (A) \$3.50
- Add Cheese (G, GF, HC) \$1.00
- Tomato Sauce, BBQ Sauce, Mustard (A) ea 50c

- Rustic Fries (G, V, GF, DF) \$2.00

- Sour cream (G) 80c

- Sweet Chilli Sauce (A) 50c

- Tomato Sauce (A) 50c

TUESDAY

- Nachos (A, V) \$4.50

- Corn chips with salsa (G), and topped with Melted Cheese (GF) and Sour Cream (G).

WEDNESDAY

- Jushi (G) \$4.00

- Ferryaki Chicken (A), Tuna (V) or Vegetarian

- Soy Sauce, (A) ea10c

- Cold Rolls (G, GF, DF) \$3.80

- Chicken or Prawn

- Dipping Sauce, Hoi Sin (A) ea 60c

THURSDAY

THE SPECIAL OF THE DAY OF THE WEEK!
Refer to Qkr or Newsletter for Specials and price

FRIDAY

- Pizza Subs (G=V, A=meat) \$3.00

- Cheese and Tomato (V) \$3.50

- Ham \$4.00

- Chicken (H) \$4.00

- Add Pineapple to any 80c



A preferred method of ordering.

Use our secure and easy way to order and pay for school lunches from your phone at a time and place that suits you.

With Qkr you can order and pay for your child's lunches, reducing the need to bring cash to school.

Download Qkr! By Mastercard App

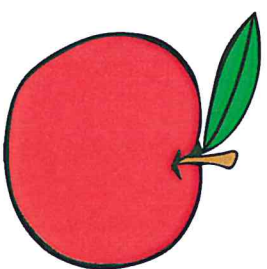
Register

Find our school

Register your children

Order quickly and easily up to a week at a time

Cut off for lunch order is 9.15 am daily



EVERYDAY

SANDWICHES, ROLLS AND WRAPS (G=V, A=meat)

Bread is White or Multigrain, please specify.

Please list your filling choices on your order, they include:

Chicken (H), Ham (GF), Cheese (GF, V), Mayonnaise (A)

Lettuce, Tomato, Carrot, Cucumber and Pineapple (all V)

One filling

Two fillings

Each additional filling

Rolls (white hot dog)

Wrap

Gluten Free Bread

Toasted

\$3.00	\$3.00	50c	Milk, cup (G)	\$1.00
\$3.50	\$3.50	80c	Wrap	\$1.50
50c	50c	\$1.00	Gluten Free Bread	
		50c	Toasted	
			Sippah Straw and cup of milk (A)	\$1.50
			Big M Flavoured Milk, 250ml (G)	\$2.50
			Chocolate, Strawberry	
			Fruit Juice Box, 250ml (A)	\$2.00
			Orange, Apple, Apple & Blackcurrant	
			Water, 250ml (G)	\$1.00
			Water, 600ml	\$1.50
			Corn Cobette (G, V)	\$1.00
			Garlic Bread (A, V)	\$1.50
			Side salad (G, V)	\$2.00

DRINKS

EXTRAS

- FISH (A, DF)** \$3.50
- Crispy Crumbed fish, oven baked
- Fish Roll with mayo and lettuce \$4.50
- Fish Wrap with sweet chilli sauce and lettuce \$5.00

As a DECD school it is a policy that we follow the Right Bite Strategy. It teaches our children to be more aware of what they eat and thus healthier and they learn good food safety practices too - skills for life. Foods are rated either Green (choose plenty), Amber (select carefully) and Red (occasionally). Nothing on our Menu is Red coded! Red category foods will only be used for special occasions such as Fund raisers. We cater for vegetarians, gluten and dairy free needs and some of our foods are Halal, we also use light or low fat where possible. Please ring to make a time to talk to Emma if you have any questions regarding this.



COUNTER SNACKS 2018

On any given day there will be a selection of the following items,

with hot foods alternating for variety

Cereal crunch.....	50c
Fruit, whole.....	1.00
Frozen fruit, pack or on stick.....	80c
Fruit salad cup.....	\$2.00c
Vanilla custard.....	\$1.00
Mousse.....	1.00
Popcorn.....	50c
Savoury biscuits, various flavours.....	10c-30c
Tortilla triangles, Bbq/Sweet Chilli.....	20c
Fruit muffins.....	\$1.00

Recess only, no orders taken, get in quick!

Hash Brown	60c
Pizza Muffin.....	\$1.00
Nachos Cup.....	\$1.50
Spring Roll,vegetarian.....	\$1.00
Raisin Toast, buttered.....	50c
Quiche.....	50c
Pinwheels, savoury	50c

Iceblocks Lunchtime only

Vanilla Cups.....	\$1.50
Quelches.....	50c/\$1.00
Moosies.....	\$1.00
Pineapple pops.....	50c
Billabong, Chocolate or Rainbow.....	\$2.00

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