

# SEACLIFF PRIMARY SCHOOL

## CANTEEN MENU 2017



### Preferred method of ordering

Use our secure and easy way to order and pay for school lunches from your phone at a time and place that suits you. With Qkr you can order and pay for your child's lunches, reducing the need to bring cash to school.

1. Download Qkr! App
2. Register
3. Find our school
4. Register your children
5. Order quickly and easily up to a week at a time
6. Cut off for lunch order is 9.15 am daily

**PLEASE NOTE THAT NACHOS ARE NOT AVAILABLE ON FRIDAYS**

### SANDWICHES (Build your own)



#### Fillings

Ham, cheese, chicken, vegemite, tomato, lettuce, cucumber, carrot, pineapple, gherkins

Sandwiches	1 filling	\$2.50
	2 fillings	\$3.00
	Additional fillings	\$0.50

**Toasted sandwiches add \$0.20**

**Gluten free bread add \$0.50**

**Bread used is four-seed or multi-grain**

**Bread and rolls may contain traces of tree nuts.**

### SALADS / SALAD COMBOS

Basic Salad (lettuce, tomato, cucumber, carrot)	\$4.00
Basic Salad with Roast Chicken	\$5.00
Basic Salad with ham	\$5.00
Basic Salad with 2 Fish Fingers	\$5.00

Add cheese \$0.50

Add gherkins \$0.30



### PASTA\*

Spaghetti with meatballs	NF	\$4.70
Macaroni Cheese (Vegetarian)	NF	\$4.50
Macaroni Bake	NF	\$4.70
Beef Lasagne	NF	\$4.70

### GLUTEN FREE PASTA\*

Macaroni Cheese (GF)	NF	\$6.00
Pasta Twist in Bolognese Sauce (GF)	NF	\$6.00

### HOMEMADE PIZZA



Ham and cheese	NF	\$4.00
Ham/cheese/pineapple	NF	\$4.20
Chicken/cheese	NF	\$4.00
Chicken/cheese/pineapple	NF	\$4.20
Margherita (cheese, tomatoes, basil)	NF	\$3.50
Cheese/pineapple	NF	\$3.20
Cheese	NF	\$3.00

### HOT FOOD

Chicken Burger with lettuce & tomato	\$4.50
Add cheese	\$0.50
Add tomato sauce or mayonnaise	\$0.20
2 Fish Fingers	NF \$1.50
Garlic Bread large \$ 2.00	Garlic Bread small \$1.00
Sweet Chilli Chicken Tender	\$2.00
Wedges + Sour Cream & Chilli Sauce	\$3.00
Wedges with tomato sauce	\$2.50
Mayonnaise 20c,	Chilli sauce 30c
Nachos (corn chips, nacho topping & cheese)	\$4.50



### COMBOS

Ham/Cheese Pizza & Small Garlic Bread	\$4.50
Chicken Burger & Flavoured Milk	\$6.70
Fish Fingers (2) & Wedges	NF \$3.20
Add Chilli sauce 30c	Add Sour Cream \$0.40
Add Tomato Sauce	\$0.20

### AVAILABLE FRIDAY ONLY



Hot Dog (low fat)	\$3.80	Add sauce	\$4.00
Hot Dog w/s & Choc or Strawberry Milk	\$6.00		
Sausage roll *	NF \$3.00	Add Sauce	\$3.20

# SEACLIFF PRIMARY SCHOOL

## CANTEEN MENU 2017



### COOL TREATS

#### Drinks

Spring Water	NF	\$2.00
Plain Milk	NF	\$2.00
S.A Flavoured Milk - Chocolate & Strawberry		\$3.00
Mountain Fresh Juice	NF	\$2.50
Golden Circle Apple/Blackcurrant Juice	NF	\$2.00
Golden Circle Orange Juice	NF	\$2.00

#### Ice Blocks & Ice creams

**All ice blocks & ice creams must be collected from the canteen when ordered via lunch order.**

Zing	NF	\$0.80	1/2 Zing	NF	\$0.40
Orange & Apple/Blackcurrant Fruit Cups	NF	\$1.00			
Vanilla Ice Cream with Milo		\$1.20			
with Nesquik	GF	\$1.20			
Various frozen fruit slices	NF	\$0.30			
Fruit smoothies on the stick	NF	\$0.20			

### SNACKS (available at recess and lunch)

Mini Muffins		\$0.50
Muffins		\$1.00
Small bag of Popcorn	NF	\$0.30
Small Cookie		\$0.40
Seasonal fresh fruit	NF	Varied
JJ Snacks	NF	\$1.20
Red Rock Deli Chips	NF	\$1.20
Mamee Noodles - BBQ or Chicken **		\$0.70
Bellis Fruit Slice Strawberry (each)		\$0.15
Bellis Fruit Slices Strawberry (7pieces)		\$1.00
Small Jelly	NF	\$0.60



### SYMBOL KEY

- \* Homemade cooking by Maria's Kitchen
- \*\* May contain traces of shellfish
- \*\* May contain traces of shellfish
- NF Nut free option - please note at the time this menu was published these items were deemed nut free.

### CASH LUNCH ORDERS

On each lunch order bag please clearly mark:

Students name and room number  
Total of cash enclosed

Lunch order requested  
Food Allergies (**on every order**)

Paper Order Bags may be purchased from the Canteen — 1 for 5 cents or 10 for 30 cents.

Any change will be returned to the student in the lunch bag.

Lunch orders are to be placed in the lunch order box each morning.

Lunch monitors will take the orders to the canteen and pick up the lunches at lunch time.

**If your child does not receive their full order/change please instruct them to approach the class teacher for permission to come directly to the Canteen.**

**IF YOU ARE ABLE TO VOLUNTEER IN THE CANTEEN PLEASE CALL OR EMAIL [seacliffpscanteen@gmail.com](mailto:seacliffpscanteen@gmail.com)**

**CANTEEN MANAGERS: LYNN LAING AND UTE JEFFERIES ON 8298 8937 OR VIA THE OFFICE ON 8296 1950**



UPDATED 1/5/17

