**Fun Run Winners**

A huge thank you to everyone who helped raise a whopping $6000 through our Fun Run this year. The winning class for the Pizza Party was Room 0 who averaged $29.70 per student. You should have seen the happy faces when Prizes were presented to the two highest fund raisers in each class last Friday at assembly! Anyone who raised more than $100 also received a prize. Each prize was individually selected for the winners. However the big winners are the whole school with a new playground getting closer and closer!

---

**Volleyball—Schools Cup**

On the 2nd, 4th of August a selected group of year 6-7 volleyball players went to the State Schools Cup. We played in the Under 15 Boys division 2 and Under 15 Girls division 1 at various venues across Adelaide. The girls came 4th out of 16 teams and the boys came first in a thrilling grand final. Spencer was named as MVP for the competition finals. We did really well considering that we were playing high schools. It was great to represent the school, and a fantastic experience and we had lots of fun.

Thanks to Mr Thomas, Mr Bawden, Liv Flaws, Alice Lynch & Lauren Thomas by Lily Maddern & Will Tuck.
Sealifff Principal Position Advertised

The Principal tenure for Sealiff PS will finish at the end of 2013 and so it has been advertised recently. The tenure is for 7 years. This is a merit based process and is expected to be complete early next term. The panel is chaired by our Assistant Regional Director Michele Spencer and is comprised of one representative from Governing Council, one representative elected by the Sealiff staff AEU branch and a peer principal selected by DECD. All Panel members must be trained in panel procedures.

Playscapes and Cubby materials

We are in need of natural materials for students to make cubbies. Do you have lengths of bamboo and tree branches that are approx. 40 cms in diameter and between 1-2 metres in length. If you can help us please contact Wes Moyle or Kelly Adams.

URGENT—INTERNET TRANSFER CONFUSION

Due to lack of information on many internet transfers there has been confusion regarding payments. Childs surname and initial MUST be included on transaction description.

Example - Smith B V/B (for volleyball)
Example - Smith B Exc (for excursion) etc

WEEK 5 IS BOOK WEEK

“Read across the universe”

- dress up assembly at 9:15 am on Friday 23rd August. Come dressed as your favourite creature of the universe
- lots of fun, lots of prizes, come one come all, may the force be with you.....
Science Week at Seacliff.

This week has been National Science Week. Our school has celebrated with several educational events for all students, held over the last few weeks. Last week, students enjoyed CISRO science workshops such as ‘Electroflash’, ‘Electronics – Transferring and Transforming’ and ‘Incredible Insects’.

This week, all students of the school saw the science show, “Forces”, presented by Mobile Science Education, and some have enjoyed an additional workshop, “How Science Works”. The cost of these workshops and shows for specific classes was: $18.20 for Rooms 17 and 2, (two workshops & one show); $13.20 for Room 13, (two different workshops and one show); and $9.20 for all other classes of the school, (one workshop and one show). The appropriate amount has been deducted from your child’s Excursions Fund.

Landcare activities that focused upon the Biological Sciences, done in conjunction with Holdfast Bay and Marion Councils, ‘Million Trees’ and National Resource Management, have also been enjoyed by some classes. Inter-class sharing of science investigations and science writings have taken place, along with on-going gardening, wormery and ‘Indoor Biodiversity’ work focusing upon tadpole and frog care, with leadership from the Student Environment Forum.

Over-arching these special activities has been the school’s focus upon the Oliphant Science Awards, which over sixty students have entered.
YIPPY’S CORNER

DEALING WITH GRIEF AND LOSS

Grief and loss affects us all in some way during our life time. Children often first experience grief when they lose a family pet, or when a family member is injured or passes away. As each child is different, the way loss affects them is different. For some, it seems they are not too affected; others can be totally devastated by the same experience. Everyone expresses grief in different ways and feel it at different times. For some people they want to cry, others want to be quiet for a while. Some people feel the pain acutely immediately, for others the pain builds over time. Other ways children show grief is: Physical pain such as stomach aches, sleeping problems or bad dreams, eating problems, anger towards others, or pretending it didn't happen.

The stages of grief are shock, denial, anger, sadness and acceptance. People experiencing grief move through these stages through having opportunities to talk about their feelings, understanding their own emotions and to see that grief and loss is a normal part of life.

Why is Grieving a necessary process? Here’s why:

- 1. It is a form of healing,
- 2. It helps you accept the loss in your life
- 3. It helps you express the sadness, anger and confusion that you may feel,
- 4. Grieving will help you get back to normal,
- 5. Grieving will help you express the love you feel for a person who has been injured or passed away,
- 6. It helps you say good bye.

As parents and friends of people who have lost loved ones, we can be at a loss as to what to say. We may be tempted to say, “I know how you feel” or “You’ll get over it” or “Their time had come” or share our own stories of loss to fill in the silence. We genuinely say these things in love but these words can hurt and may isolate the person who is grieving. When you don’t know what to say, sometimes just being there for them is good or if you need to say something think of the KISS rule (Keep it simple) such as “I am sorry to hear about your loss”.

Part of the healing process is giving people the opportunity to share how they feel. Being a listening ear can help a grieving person express and work through their feelings. Likewise, having an opportunity to share memories helps in the healing process. You can’t underestimate the benefit of providing company and a listening ear to someone who is grieving!

I once heard a story about a guy who was going through severe grief and loss in his life. As a friend was listening to him share his story, she began to shed a tear. This young man told that story many years later and he said the most significant support of everyone in his life at his lowest point was that one friend who had shed that tear. He said it was like she knew exactly what he was going through.
Sometimes it is not the words we speak to someone going through grief and loss but the heart that reaches out in love. We need to remember those tears can convey love and care to others and gives people the permission to cry too. Sometimes I catch myself well up with tears as I hear the pain of others. Having at least one person out there who knows what you’re going through, can make all the difference for someone who is grieving.

If your child is struggling emotionally or they are experiencing grief and loss you can make an appointment with me by contacting the front office and leaving a message. I am available on Tuesday, Thursday and Friday.

For more information on grief and loss and what parents can do, have a look at the link www.cyh.com or if you wanted to chat to a counsellor over the phone you can call the parent help line on 1300 364 100, 7.15am to 9.15pm, 7 days a week. Kids who feel like they just need to talk to someone else can also contact the kids Help line on 1800 551 800.

Kind Regards

Chris

Oliphant Science Awards

Entries for all outstanding Oliphant Science categories are due to be delivered, named, to Seacliff Primary’s staff room on Thursday 29th of August, (except ‘Robotics’ work)

Open Day for Oliphant Science

On Sunday the 1st of September, between 12 noon and 4p.m., the South Australian Science Teachers’ Association will hold an open day when many entries from the Oliphant Science Awards will be displayed. This event will take place at the Adelaide Festival Centre, (Banquet Room), King William Road, Adelaide. Families with children entering the awards are encouraged to go along. All other families are welcome. There is always a lot to see. It’s particularly fascinating seeing the models and inventions designed by R to 12 students from right across the state.
Police Clearances for all Volunteers

It is our procedure at Seacliff PS and a requirement for all public schools (from 2014) to ensure that all volunteers who are supporting students have current Police Clearances through the Department of Communities and Social Inclusion (DCSI). This includes any parent or community member who listens to reading in classrooms, attends excursions or camps, coaches sporting teams, volunteers in the canteen, is a member of Governing Council or its subcommittees, is a Learning Assistance Program volunteer, library helper or any other support role in the school.

We try to make this process easy for parents and carers by providing police clearance forms at the front office, photocopying proof of identity (drivers licence, health care card, passport, birth certificate, change of name etc.) and the school paying for these clearances to be conducted. Recently the Government has also increased the number of officers conducting these clearances so they are now taking a much shorter time to come through.

We really appreciate the work done by the many people who volunteer their time and expertise to support our school community. If you need to gain a police clearance it is as simple as coming into the front office and getting a form. If you have a clearance and are yet to present it to the school please bring it in and we will add it to our data base. Or drop us an email or note requesting a form.

Thank you to all our volunteers. You do make a huge difference to our school and our students really benefit from the extra support you give them.

Sports Day Team Names

The aim of the school’s Sport Committee and SRC is to change our sports day team names from red, blue, green and yellow to names that are more interesting and relevant to the heritage of the school and surrounding community. We are asking for your help.

We invite all community members to submit their ideas including the team name and the reason it would be suitable for a Seacliff Sports Day team. Your suggestions can be emailed to the school: dl.0913.info@schools.sa.edu.au

The Sport Committee and SRC look forward to your suggestions. They will then make a decision.

PREMIERS READING CHALLENGE REMINDER

The challenge finishes on 30 August.
Please check students have read at least 8 PRC labelled books and 4 own choice books.
Please sign the sheets, books MUST have been read this years.
ALL FORMS to be returned to the LIBRARY by 30th AUGUST.
Awards will arrive sometime in November.
JUMPROPE FOR HEART 2013

This term our school is participating in the Heart Foundation Jump Rope for Heart program and we would love your support!

Heart Foundation Jump Rope for Heart is an exciting and non-competitive program which encourages children to become more active through skipping, learning new skills and raising vital funds for heart research and community health programs.

Our Jump Off date is September 9th (week 9)

Look in school bags Monday for sponsorship forms and more information.

Thanks in advance for your support!

Kelly Adams

---

Cupcake Stall

On the 14th of August there was a cupcake stall at recess raising money for Minda Homes. It was a great success because it raised 212.

We sold many things like cupcakes, cookies, slices, popcorn and much more.

We had a cake raffle won by Kira in room 8.

We also had a jelly joiners guessing jar won by Erin P and Scout in room 0.

We had a wonderful time!!!!!! Thank you for helping us raise money.

From Ruby, Allysha, Olivia, Kellie, Aman, Michaela and Paige in Room 13

---

ROOM 14 CONCERT

On the 15th August, room 14 held their concert. It had a wide variety of acts that were funny, interesting and challenging. There were three big categories, Good Evening Seaciff (GES), Macbeth, and The Price Could Be Right. In GES there were interviews, funny acts, reports and a dance. The hosts were Julia Crillard (Tylah) and Tony Crabbit (Jye T). The Macbeth play was a modern funny version of Shakespeare's play. The Price Could Be Right was a quiz act full of prizes and surprises. There was a quiz, a game where you had to put the prices of items in order, another price guessing game, a guess the number game and another guess the price game! Parents and relatives got picked to join into the game. Room 14's concert was very good and the audience enjoyed it too!

By Taylor

---

YARD STAR WINNERS:

Week 3 Term 3
Noah C-S - Rm 2
Jack K - Rm 2
Hi everyone!

Just before the assembly on Friday 6th September, Week 7 staff will set up stalls around the school and will be available to talk to the community over a tasty pancake. If you have never used OSHC before, it’s a great opportunity to get to know the staff and the service. This week the OSHC children are discussing how to make a difference and help others, and would like to raise money for a charity. Any gold coin donation would help our cause and be greatly appreciated. The OSHC children show care and empathy which are very important qualities. We hope to see you at our pancake morning!

Please note the new full fee structure commencing Monday 26th August.

- Before School Care $10
- After School Care $18
- Vacation Care $48.

Government subsidies reduce child care fees to half the full rate or less. Please see OSHC staff for more details or call 136150 to apply.

A positive nature, willingness to help out, staying on task and very adaptable; these are some of Charlotte’s attributes and the reason why she is the Legend of the Week! Congratulations!

Kind Regards,
The OSHC team!

OSH C Contact details:
Phone 8298 3742,
Mobile 0406 071 828

Many families have joined our eNewsletter distribution and we are able to add your email address at any time. All you need you do is to email us at: dl.0913.info@schools.sa.edu.au add the subject: “Seacliff enews direct” “and “your child’s name”